**Information for parents / carers:**

*We have listed our recommended messages about vaccinations for you to share with families. Many are great links to include in a parent email or newsletter, others could be printed and displayed on a noticeboard. Alongside health professionals such as Health Visitors, early years settings play a key role in helping promote the importance of childhood vaccinations to parents and carers. It helps protect the child and their family, and everyone else in the setting too.*

[**Pre-school immunisations guide**](https://www.gov.uk/government/publications/pre-school-vaccinations-a-guide-to-vaccinations-from-2-to-5-years): Comprehensive NHS and Public Health England online leaflet containing details of immunisations for children aged 2 to 5 years, before they start school. Contains common questions asked, information about pre-school immunisations, watch out for meningitis and septicaemia, and travel advice.

[**Immunisations babies up to 13 months of age guide**](https://www.gov.uk/government/publications/a-guide-to-immunisations-for-babies-up-to-13-months-of-age): Comprehensive NHS and Public Health England online leaflet containing details of immunisations for children up to one year.

[**What to expect after vaccines leaflet**](https://www.gov.uk/government/publications/what-to-expect-after-vaccinations): This NHS leaflet tells you about the common side effects of vaccinations that might occur in babies and young children up to 5 years of age (Available in a range of languages).

The **NHS** has created a great webpage with lots of [information about vaccinations](https://www.nhs.uk/conditions/vaccinations/). This is helpful for both early years practitioners and parents/carers to explore and helps everyone understand what’s involved. They have written about [Vaccination appointment tips](https://www.nhs.uk/conditions/vaccinations/vaccination-appointment-tips-for-parents/) and [Myths about Children’s vaccinations](https://www.nhs.uk/conditions/vaccinations/myths-truths-kids-vaccines/) - perfect for parents who might be a bit worried or unsure and would benefit from more information.

[Webpage](https://what0-18.nhs.uk/parentscarers/keeping-your-child-safe-and-healthy/childhood-vaccinations-essential-information): **Wessex Healthier Together** vaccination essential information. A local website full of information about health concerns for parents/carers and professionals.

[Poster](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/738797/Back_to_primary_school_poster.pdf): Starting **school immunisation reminder**

[Poster](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/843022/Back_to_school_nursery_poster.pdf): Starting **nursery immunisation reminder**

[Poster](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/685233/Measles_A3_poster_Feb2018.pdf): **Measles** don’t let your child catch it

Parent [Tips 1](https://ihv.org.uk/wp-content/uploads/2017/07/iHV_PT_Immunisation_sheet_13_7_17_web-003.pdf) and [Tips 2](https://ihv.org.uk/wp-content/uploads/2017/07/iHV_13_2_PT_Immunisation_13_7_17_web.pdf) from the **Institute of Health Visiting** about immunisation

[Blog](https://publichealthmatters.blog.gov.uk/2016/04/25/14-questions-new-parents-ask-about-vaccination/): 14 questions new parents ask about vaccination, five minute read

[Video](https://www.nhs.uk/video/Pages/vaccines-and-your-childs-immune-system.aspx?searchtype=Tag&searchterm=Children__Common+bugs&): Vaccines and you child’s immune system film

[Video](https://www.nhs.uk/video/Pages/flu-heroes-nasal-flu-spray-for-kids.aspx?searchtype=Tag&searchterm=Children__Common+bugs&): **Flu Heroes** – Nasal Flu Spray for Kids

[**FAQs** about vaccines](http://vk.ovg.ox.ac.uk/vk/faqs-about-vaccines) **eg. *'What happens if I decide not to get my child vaccinated and then change my mind?'***

*A parent/carer can change their mind at any point. Even though it is better to get a child vaccinated at the ages recommended in the UK schedule, it is* ***never too late to start vaccination****. The majority of vaccines can be given at any point in childhood, so parents/carers can make an appointment with their practice nurse to discuss getting their child the vaccines they need.*

Got a parent with lots of questions about vaccination? They can ask a health visitor using [**ChatHealth for Parents**](https://www.southernhealth.nhs.uk/services/child-health-services/health-visiting/chat-health-0-5/) (0-5 years). A confidential secure text messaging service. Text the dedicated number 07520 615720.