Allergen List

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| Item | Allergen |
| Breadsticks | Wheat |
| Soft Cheese | Milk |
| Cheese | Milk |
| Yogurts | Milk |
| Honey | Only for children over 1 years old |
| Houmous | Sesame Seed |
| Cream Crackers | Wheat |
| Natural Yoghurt  | Milk |
|  Waffles | Egg, Wheat, Lupin and Milk |
| Item | Allergen |
| Rice Snaps Cereal | Barley |
| Multigrain Hoop Cereal | Wheat, Oat, Barley |
| Malted Wheat Cereal | Wholewheat, Barley |
| Wheat Biscuits Cereal | Barley |
| Porridge Oats | Oats |
| Eggs | Egg |
| Scotch Pancakes | Wheat, Egg and Milk |
| Crossiants | Wheat and Milk |
| Item | Allergen |
| White Bread | Wheat and Soya |
| Wholemeal Bread | Wheat and Barley |
| Crumpets | Wheat |
| Muffins | Wheat and Soya |
| Hot Cross Buns | Wheat |
| Fruit Loaf | Wheat and Soya |
| Soft Spread | None |
| Strawberry Jam | None |
| Item | Allergen |
| Apricot Jam | None |
| Baked Beans | None |
| Growers Harvest Unsweetened Soya Drink 1LSoya Milk | Soya |
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